

## Bible Reading Notes - why bother?

### The Bible Reading Fellowship explains why daily Bible reading is so important

It's said that if a ballet dancer doesn't practise for one day, she notices. If she doesn't practise for two days, the class notices and if she doesn't practise for three days, the whole audience notices. It might not be so immediately obvious if Christians don't read the Bible every day but, sooner or later, it will be noticed.

Different Christian traditions give different weight to the habit of daily Bible study, but all are agreed that it's an important discipline: a practice to be fostered, along with prayer, worship, reflection and service, if faith is to grow deep roots.

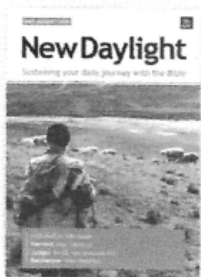
Our enthusiasm for Bible reading may wax and wane: life becomes busy or difficult, we drift away and don't know how to return, scripture no longer seems to 'speak' to us, we get bored, distracted or discouraged until daily Bible study becomes a joyless 'ought', another niggly, guilt-inducing 'should'.

But what if, instead of thinking of it as a duty, we think of it as a gift: a lovely opportunity to sit in God's presence, focus on his word and keep the channels of communication open?

Daily Bible reading notes nourish and inspire on good days, but they come into their own when we're flagging. They provide a structure, a manageable passage of scripture and the thoughts of a wise, compassionate and experienced commentator

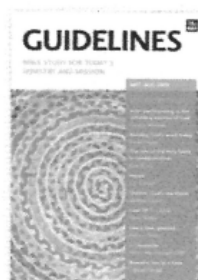
BRF offers six different series of Bible reading notes from the seriously theological to the quietly contemplative, from notes for women to reflections for older people. The most popular series is the approachable and illuminating *New Daylight*, offering insight into God and into scripture. Whichever series you choose, it will introduce you over time to the whole sweep of scripture, from Genesis to Revelation, allowing you to absorb its wisdom, develop your understanding and encounter daily inspiration, encouragement and challenge.

Please see the different notes available. Samples are available to look at in the Church foyer, below the BRF noticeboard. If you would like more details or to place an order with our Church group so that you don't pay postage, please contact Anna Forbes on 01344 772577.



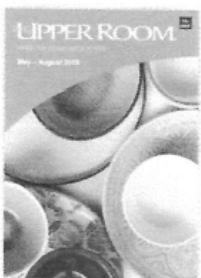
**New Daylight** is our most popular series. The full Bible text is included. The passage is explained by one of our experienced writers, who will help readers understand the Bible passage and how it is relevant for their own spiritual journey. The series is particularly appropriate for people who want readings that link to the

church festivals of the year. Available in print (cost per copy £4.60 with free postage when ordered in a group), Deluxe edition (includes larger print size, £5.85), app for Android, iPhone and iPad and daily email.



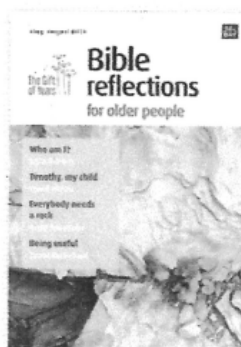
**Guidelines** is for people who are hungry for deeper study; who are ready to hear what current biblical scholarship has to say and what differing theological viewpoints may exist, and want to make up their own mind on how the passage becomes relevant for them. Available in print (cost per copy £4.60 with free postage

when ordered in a group), app for Android, iPhone and iPad.



**The Upper Room** contains meditations that show real people living faithfully in real-life situations, with the Bible as the touchstone for and measure of faithful living. The meditations are provided by *The Upper Room* readers themselves from around the world. Ideal for new Christians.

Available in print (cost per copy £4.60 with free postage when ordered in a group).



**Bible Reflections for Older People** is written by older people, with older people in mind, aiming to help them draw strength and encouragement from the Bible in a way that is relevant to issues affecting people in later life, such as loneliness, illness and remembrance. In each issue there are 40 undated Bible reflections and prayer suggestions

to use and revisit as often as desired. Available in print (cost per copy £5.05 with free postage when ordered in a group).



**Day by Day with God** provides a woman's viewpoint on the Bible. This series is written by women for women with an evangelical emphasis, taking account of the things that matter most to women. Available in print (cost per copy £4.60 with free postage when ordered in a group) and app for Android, iPhone and iPad.

**Available in January, May and September.**  
**All reading notes provide four months of readings per issue**